

Best of Vancouver



CALDWELL



PARTNERS

Best brunch

Cafe Medina

556 Beatty Street

Milestones

1109 Hamilton St

2425 Cambie St

1145 Robson St

Cafe Regalade

2836 West 4th Avenue

Caffe Barney

2526 Main St

Dockside Restaurant

Granville Island Hotel

1253 Johnston Street

The Keg

688 Dunsmuir Street

Bacchus Restaurant & Lounge

Wedgewood Hotel & Spa

845 Hornby Street

Cafe Zen

1631 Yew Street

Market by Jean Georges

Shangri-La Hotel

1115 Alberni Street, 3rd Floor

Sophie's Cosmic Cafe

2095 W 4th Ave

Twisted Fork Bistro

1147 Granville St,

The Hurricane Grill

1137 Marinaside Crescent

The Roof Restaurant & Bar

Hotel Vancouver (Afternoon Tea)

900 West Georgia Street

Pan Pacific

300-999 Canada Place

Arms Reach Bistro

4390 Gallant Ave #107C

North Vancouver

Tomahawk

1550 Philip Avenue

North Vancouver

Wendel's Bookstore & Café

9233 Glover Rd

Fort Langley

Northview Golf and Country Club

6857-168th Street

Surrey



Cafe Medina

556 Beatty Street

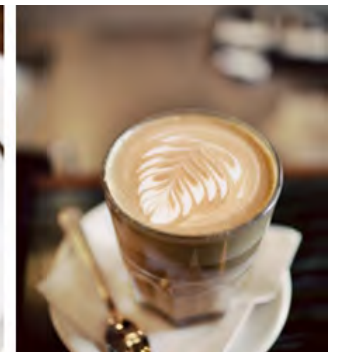
www.medinacafe.com

“Snug spot for coffee, & an eclectic daytime menu including waffles with unique toppings.”

-Google review

“A place that is brilliant enough to serve lavender lattes is going to have a phenomenal menu, and they do.”

-Yelp review



Best pub



The Raven

1052 Deep Cove Road

www.theravenpub.com

*“I was super surprised by this little pub!
We ordered a late night snack of pizza and
wings and both were amazing! The pizza was
cooked perfectly with a yummy combination
of veggies, meat and cheese without being
greasy. The wings were fantastic! What a
great place to have as your neighbourhood
pub!”*

-Yelp review



Steamworks

375 Water Street

Storm Crow Tavern

1305 Commercial Drive

Wolf & Hound

3617 West Broadway

Lion's Pub

Terminal City Club

888 W Cordova St

The Irish Heather Gastropub

212 Carrall St

Local Public Eatery

2210 Cornwall Ave

Kingston Taphouse & Grille

755 Richards Street

New Oxford

1144 Homer St

The Bimini

2010 W 4th Ave

Johnny Fox's Snug

1033 Granville St

The Raven

1052 Deep Cove Road

John B. Pub

1000 Austin Ave

Black Bear Neighbourhood Pub

1177 Lynn Valley Road

North Vancouver

Brown's Socialhouse

20159 88 Ave, Langley

Lou's Grill

2852 Gladys Ave

Abbotsford

Best patio

Tap & Barrell

Olympic Village
1 Athletes Way

Cardero's

1583 Coal Harbour Quay

Bridges

1696 Duranleau Street

Cactus Club

1790 Beach Avenue
1085 Canada Place
1790 Beach Avenue
588 Burrard Street
575 West Broadway
1530 West Broadway
1136 Robson Street
357 Davie Street

The Galley Patio & Grill

Jericho Sailing Centre
1300 Discovery St

Black and Blue

1032 Alberni St

Gotham Steakhouse & Cocktail Bar

615 Seymour St

Reflections

Rosewood Hotel Georgia (4th floor)
801 West Georgia Street

Joe Fortes

777 Thurlow Street,

Yaletown Keg

1011 Mainland St

Lift

333 Menchions Mews

Marine Lounge & Model Room

Royal Vancouver Yacht Club
3811 Point Grey Road

The Beachhouse Dunderave

150 - 25th Street, West Vancouver

Pier 7 Restaurant & Bar

25 Wallace Mews, North Vancouver

The Boathouse

14935 Marine Drive, White Rock

Uli's Restaurant

15021 Marine Dr, White Rock



The Galley Patio & Grill

1300 Discovery St

www.thegalley.ca

“If you’re looking for a place to have a few drinks and stare at the gorgeousness of this city, this is the place.”

“It doesn’t feel like summer unless you’ve made a trip to this place on a sunny afternoon dubbed one of the best patios in Vancouver.”

- Yelp reviews



Best sushi



Miku Restaurant

70-200 Granville Street

www.mikurestaurant.com

“The best overall sushi, food, service experience we have had in Vancouver since we moved here. The staff are exceptional and make recommendations based on knowing the entire menu and many tables let you watch the chefs prepare.”

-Google review

“The best sushi I have ever had!”

-Yelp review



Miku

70-200 Granville Street
Granville Square

Blue Water Cafe + Raw Bar

1095 Hamilton St

Ebisu

827 Bute St

Kamei Royale

1030 W Georgia St #211

Minami

1118 Mainland St

Sushi Bella

152 Lonsdale Ave

Tojo's

1133 W Broadway

Toshi

181 E 16th Ave

Zen

2232 Marine Dr #101,
West Vancouver

Tengoku

10194 152 St, Surrey

Sushi Gio

Walnut Grove
20177 88ave, Langley

Best high-end restaurant

Blue Water Cafe + Raw Bar
1095 Hamilton St

C Restaurant
2-1600 Howe Street

CinCin Ristorante + Bar
1154 Robson St

Cioppino's Mediterranean Grill
1133 Hamilton St

Coast
1054 Alberni St

Gotham Steakhouse & Cocktail Bar
615 Seymour St

Hawthorn Restaurant
801 W Georgia St

Joe Fortes
777 Thurlow Street

La Quercia
3689 W 4th Ave

Le Crocodile
909 Burrard St #100

L'Abattoir
217 Carrall St
Not that high end but nice

Raincity Grill
1193 Denman St
Not really "high-end" but still a great place for a nice meal.



Le Crocodile

909 Burrard St, #100

www.lecrocodilerestaurant.com

"This is my GO TO place for all special occasions, birthdays, anniversaries, graduations."

-Yelp review

"I think there is a distinction between artistry and craft, and for me Le Crocodile is an exquisite example of craft throughout the entire experience"

-Google review



Best dessert



Cheesecake, Etc.

2141 Granville Street

www.cheesecakeetc.com

“Cheesecakes here are amazing! Light, fluffy, and the perfect amount of sweetness. Drinks are unique as well.”

-Google review

“If you are lucky, you might come on a night when the owner will play his piano!”

-Yelp review



Capstone Tea & Fondue

1429 Robson Street

Cheesecake, Etc.

2141 Granville St

Ganache

1262 Homer St

Glowbal Grill Steaks & Satay

1079 Mainland St

Crème Brûlée Trio

Graze Restaurant

3980 Fraser St

Vegan Dessert

Le Crocodile

909 Burrard St #100

Pick any from the menu.

True Confections

866 Denman St

3701 W Broadway

Thomas Haas Chocolates & Patisserie

2539 West Broadway Avenue

Unit 128, 998 Harbourside Drive

North Vancouver

Best BC wine

Blue Mountain Winery - Okanagan Falls
www.bluemountainwinery.com
Pinot Gris

Burrowing Owl Estate Winery - Oliver
www.bovwine.ca
Pinot Gris, Cabernet Sauvignon, Chardonnay

Cedar Creek Estate Winery - Kelowna
www.cedarcreek.bc.ca/
Cabernet Merlot

Copper Moon Winery - Kelowna
Merlot (cheap and good)

Desert Hills Estate Winery - Oliver
www.deserthills.ca
Shiraz

Joie Farm - Naramata
www.joiefarm.com
Noble Blend

Nk'Mip Cellars - Osoyoos
www.nkmipcellars.com

Black Hills Estate Winery - Oliver
www.blackhillswinery.com
Note Bene

Osoyoos Larose - Oliver
www.osoyooslarose.com

Silver Sage Winery - Oliver
www.silversagewinery.com
Pinot Noir – “The Passion”

See Ya Later Ranch - Okanagan Falls
www.sylranch.com
Pinor Noir

Sumac Ridge Estate Winery - Summerland
www.sumacridge.com



Burrowing Owl www.bovwine.ca

“Balance is a time-honored goal in the making of premium wines and working toward balance is a way of life at Burrowing Owl Estate Winery. Founder Jim Wyse is committed to balance, well beyond that of the fine, world-class wines being produced. A kind of Hippocratic oath (“to do no harm”) underlies the creative viticultural and enological practices at Burrowing Owl.”

-Online review



Best view



Grouse Mountain

6400 Nancy Greene Way

www.grousemountain.com

“Grouse mountain is a must see for anyone visiting the vancouver area. skiing, hiking, zip lining, good food, even fine dining if you want it, all with amazing views of vancouver and the gulf islands. ”

-Google review

“Great place with a huge panorama of the city! ”

-Yelp review



Shangri-La Hotel

If you can get into a room on a high floor, they have spectacular views

1128 West Georgia Street

English Bay

West of the downtown peninsula.

Point Grey on the south and Point Atkinson on the north form the bay's entrance from the Strait of Georgia.

Spanish Banks

Series of beaches along the shores of English Bay in the West Point Grey neighbourhood.

Queen Elizabeth Park

Looking north

Cambie St and W 33rd Ave

The highest point in Vancouver - spectacular views of the park, city, and mountains on the North Shore.

Seasons in the Park

Queen Elizabeth Park

Set in Queen Elizabeth Park, the restaurant offers a breathtaking panoramic view of the city skyline and North Shore mountains.

Grouse Mountain Gondola

6400 Nancy Greene Way
N Vancouver

Cypress Mountain

6000 Cypress Bowl Rd
West Vancouver
Top of the sky chair

Salmon House on the Hill

2229 Folkestone Way, W Vancouver

Burnaby Mountain Park

Looking up Indian Arm

800 Burnaby Mountain Pkwy
Burnaby

Horizon Restaurant

Burnaby Mountain

100 Centennial Way, Burnaby, BC
V5A 2X9

Top of the Diez Vista Trail

Diez Vista Trail

Belcarra

From a sailboat

Best schools

Primary schools

St. George's School

Junior Campus

3851 West 29th Ave

www.stgeorges.bc.ca

General Wolfe Elementary School

4251 Ontario St.

wolfe.vsb.bc.ca

St. Augustine Elementary

2360 Commercial Dr

www.faihandfoundation.com

All the public schools are great

Vancouver School Board

1580 West Broadway

www.vsb.bc.ca

Anything on the North Shore

North Vancouver School District

2121 Lonsdale Avenue

www.nvsd44.bc.ca

Secondary schools

St. George's School

Senior Campus: 4175 West 29th Ave

hwww.stgeorges.bc.ca

Langley Fine Arts School

9096 Trattle Street

Fort Langley

www.langleyfinearts.com

St. Patrick Regional Secondary School

115 E 11 Ave, Vancouver

www.stpats.bc.ca/

Post-secondary schools

The University of British Columbia (UBC)

2329 W Mall

www.ubc.ca

Simon Fraser University (SFU)

8888 University Dr, Burnaby

www.sfu.ca



University of British Columbia

2329 W Mall

www.ubc.ca

“A world leading university. Beautiful campus, very diverse and great professors!”

“An exceptional school with great facilities and student life. And the views! If you get a chance, go to the 8th floor of the CS building and look out a SW-facing window. The libraries are great for resources and studying, too.”

-Google reviews



Best golf course



Point Grey Golf & Country Club

3350 SW Marine Drive
www.pointgreygolf.com

“I’ve had the privilege to golf here a few times – it’s a private club with a respectable history. One of the premier country clubs in Vancouver, it exudes what a proper golf club should.”

“Lovely location on SW Marine Drive. There is ample parking and the Clubhouse itself is quite nice, bright and very quiet.”
-Yelp reviews



Point Grey Golf & Country Club
3350 SW Marine Dr
www.pointgreygolf.com

University Golf Club
5185 University Blvd
www.universitygolf.com

Capilano Golf & Country Club
420 Southborough Dr
West Vancouver
www.capilanogolf.com

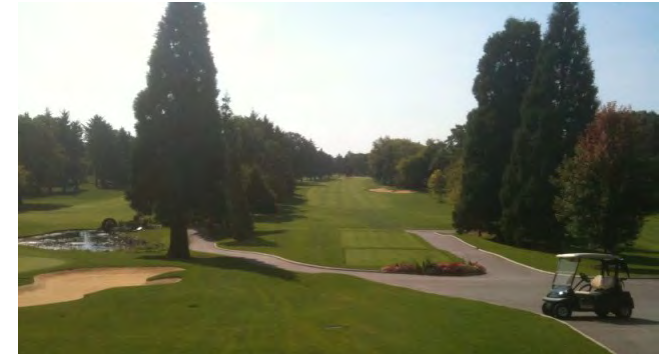
Northview Golf & Country Club
6857-168th St, Surrey
www.northviewgolf.com
Canal Course
Ridge Course



Peace Portal Golf Course
16900 4th Ave, Surrey
www.peaceportalgolf.com

The Redwoods Golf Course
22011- 88th Ave, Langley
www.redwoods-golf.com

Furry Creek Golf & Country Club
150 Country Club Rd, Furry Creek
www.golfbc.com/courses/furry_creek



Best park

Stanley Park

1,001-acre public park that borders the downtown area and is almost entirely surrounded by the Pacific Ocean. The park has a long history and was one of the first areas to be explored in the city.

Pacific Spirit Park

5495 Chancellor Blvd

The park contains over 73 km of trails, 50 km of which are designated multi-use. Park Centre located on W 16th Ave.

Whytecliff Park - West Vancouver

Located near Horseshoe Bay Neighbourhood, the original name of which was White Cliff City.

Lighthouse Park - West Vancouver

Popular 190-acre park covered with rugged, virgin rainforest. Point Atkinson was first charted by Captain George Vancouver in 1792

Cates Park - North Vancouver

Offers 6 km of waterfront trails that wind past sandy beaches and through a mixed forest of Douglas Fir and Bigleaf Maple. Viewpoints of tranquil Indian Arm to the north and busy Burrard Inlet to the south.

Crescent Beach - Surrey

12160 Beecher St

The best beach access is at the end of Beecher, Sullivan and Target Streets. Blackie Spit Park offers its own beach access, lots of parking and a trail system. This is where you'll find the Crescent Beach Pier, next to Wickson Rd.

Golden Ears Provincial Park - Maple Ridge

One of the largest parks in the province, it's prized for its recreational opportunities. The extensive system of trails within the park provides an excellent opportunity for hiking and horseback riding.



Stanley Park

Vancouver

“This is one of the most beautiful parks I’ve ever seen. The view of the bay is incredible from here. Is very well maintained and has separate lines for people running cycling and skating. The trees are absolutely majestic and if you get to come during the autumn as I did it will be a great spectacle of colors.”

-Google review



Best dog park



Spanish Banks Beach Park

4900 NW Marine Drive

“By far the best dog park in the city. During the summer it’s one of the very best places to watch the sun go down. Awesome place for a swim when the tides up and there is a life-guard on duty in the summer. When its low tide it’s even more fun for the pooch. You can walk the flats almost out to the freighters and it’s always good fun the race the tide back in.”

-Yelp review



Spanish Banks Beach Park

4900 NW Marine Dr

Features water access; dogs are allowed to be off leash from 6 am to 10 pm.

Acres of sand at low tide. Bring a towel as your pooch will be soaked in seawater at the end of it.

Kits Dog Beach, Hadden Park

1905 Ogden Ave

Features water access. Located between Vanier Park and the Kitsilano Beach by the Maritime Museum. There is always a good crowd of dogs there and is a frequented spot by many of the Meet Up groups. Just note the change of hours in the summer. During fall, winter and early spring, the beach is dog friendly from 6 am ‘til 10 pm, BUT these hours become restricted to 6 am ‘til 10 am and then 5 pm ‘til 10 pm from May 1 to September 30. Although the signage is not that clear, these rules are heavily policed.

John Hendry (Trout Lake) Park

3300 Victoria Dr

Features water access. The boundaries are from the north end of the lake, the ball field on the west, the football field on the east, and the lake to the south.

Fraser River Park

8705 Angus Dr at W 75th Ave

Ambleside Park

West Vancouver

The eastern section of the park, save for an exercise area for humans, is all off leash. Dogs can swim in the ocean or play on the beach. A sea-wall walk is a nice stroll and there are a couple of fields for chasing balls and what have you. There is some fencing restricting access to the Pitch and Putt golf course, otherwise is it a wide open area and most of the dogs are quite friendly. The forest from the Park Royal side of the area is riddled with many trails.

Blackie Spit

3136 McBride Ave, Surrey

Fully fenced dog park featuring a mixed terrain of grass, gravel and sand to the east of the main parking lot at McBride Avenue and Wickson Road. There’s a covered area for rainy days. Further to the north of the primary dog park is Blackie Spit dog off-leash beach - fully fenced in with a shoreline to explore and a swimming area for dogs.

Best rainy day activity

Fifth Avenue Cinema

2110 Burrard St

Granville Island

1689 Johnston St

Hike the Grouse Grind

6400 Nancy Greene Way

North Vancouver

2.9-kilometre trail up the face of Grouse Mountain, commonly referred to as “Mother Nature’s Stairmaster.”

Very challenging.

Kayak on Indian Arm

Indian Arm is steep-sided glacial fjord surrounded by spectacular mountains.

There are many destinations along Indian Arm that range from only a half hour to a full day paddle.

Museum of Anthropology at UBC

6393 NW Marine Dr

Put the rain boots on and enjoy the empty sea wall

Running

Huffington Post’s top places to run in Vancouver: Stanley Park Seawall, Iona Beach Jetty, Stanley Park trails, Steveson Dyke, False Creek Loop, Burnaby Central Park Trails, Jericho Beach, Pacific Spirit Park, UBC, Trout Lake and Burrard Bridge.

Skiing at Whistler

Spend the day at one of Vancouver’s coffee shops

Stay in, binge on Netflix shows

Vancouver Aquarium

845 Avison Way

Vancouver Art Gallery

750 Hornby St

Vancouver Canucks Game at Rogers Arena

800 Griffiths Way



Vancouver Aquarium

845 Avison Way

www.vanaqua.org

“The 4D show is amazing and don’t miss the dolphin show. It will blow you away.”

“Wonderful aquarium, concentrating on the sea life of the Pacific Northwest. Excellent tanks with wildlife from various parts of the coastline. We loved the beluga whales, with a lovely underwater viewing gallery.”

-Google review



Best walk



The Seawall

“Biking, jogging, walking, strolling, sunbathing. This place is perfect for it all. It’s a nice trail around Stanley Park with an amazing view. One of those must-see must-do things in Vancouver.”

“One of the things that makes Vancouver so special”

-Yelp reviews



Deep Cove

Fronts on to Indian Arm, a branch of the Burrard Inlet. The area is the traditional territory of the Tsleil-Waututh and Skwxwú7mesh of the Coast Salish First Nations.

Fort to Fort Trail in Fort Langley

The Fort to Fort Trail is a pleasant 4 seasons trail linking Ft Langley to Derby Beach. It can be combined with other trails and roads for a longer ride.

Jericho Beach

Located on the N side of Jericho Park at the west end of Point Grey Rd. The east side of the beach caters to swimmers and the west side to sailboats and windsurfers.

Kitsilano Beach

Sometimes tranquil and sometimes teaming with people, the beaches in Kitsilano are always a wonderful place to walk. You can walk from one beach to the next via some short and scenic residential detours.

UBC Pacific Spirit Park

5495 Chancellor Blvd

Surrounds the endowment lands of UBC on the shores of Georgia Strait in the Pacific Ocean. The park contains over 73 km of walking/hiking trails, 50 km of which are designated multi-use and available for cycling and horseback riding.

The Seawall

Scenic 22 km path that lines Vancouver’s waterfront. Perfect for a walk, cycle or jog, it is the most popular recreational spot in the city. It’s divided into two clearly marked sections - one for walkers and joggers (closest to the water), and one for cyclists and inline skaters (inside path).

Spanish Banks

Spanish Banks are remote beaches that rise out of Burrard Inlet at low tides. There is direct access to the banks from Locarno Beach all the way to Acadia Beach 2.5 km along NW Marine Dr. Just walk across the sand bars, and you’ll end up at the edge of the banks.

Stanley park

Stanley Park in downtown Vancouver is a beautiful and astoundingly huge network of hiking/walking/biking trails that add up to a staggering 200 kilometres. The park has a long history and was one of the first areas to be explored in the city.

UBC Malcolm Knapp Research Forest trail

Established in 1949 from a Crown grant. The forest is located near Maple Ridge and a section of the park contains well marked trails used by hikers and joggers.

Best hike

Baden Powel Trail

Rugged but well-maintained 48 km trail that extends from Horseshoe Bay to Deep Cove. In between, the trail winds through the heavily forested North Shore Mtns.

Buntzen Lake Diez Vistas

An excellent day trip from Vancouver, you can hike this 15km-route all the way around Buntzen Lake or simply hike to the first few peaks. Once you reach the high point, the trail meanders along the ridge with sensational views of the city.

The Chief

The Chief towers high above the town of Squamish and is a popular hiking destination that offers scenic views of Howe Sound and several mountains in Garibaldi Provincial Park. Hikers can complete all three peaks of the Chief in a day or just choose to do a shorter trip to the South Peak that still offers a spectacular view.

Golden Ears Park, Maple Ridge

One of the largest parks in the province, it's prized for its recreational opportunities. The extensive system of trails within the park provides an excellent opportunity for hiking and horseback riding.

Grouse Grind

2.9-kilometre trail up the face of Grouse Mountain, commonly referred to as "Mother Nature's Stairmaster." The trail has become part of the fabric of Vancouver with more than a hundred thousand hikers a year taking on the challenge of the rugged terrain and steep climb, up an approximate 56% slope (30°), which starts at the Valley Station of Grouse Mountain and finishes at the Peak's plateau.

Lynn Canyon

This rainforest world deep in the forest of North Van features several trails: the Twin Falls Loop Trail is a 30 minute trail that takes you across the suspension bridge, then Twin Falls Bridge and over two waterfalls, the Thirty Foot Pool Trail is a quick trail across the suspension bridge to the impressive Thirty Foot Pool, and the Beaver Trail follows the Baden Powell Trail to Lynn Headwaters Regional Park.

UBC Pacific Spirit Park

Popular network of trails for hikers, walkers, runners, and mountain bikers alike. Much of the park is in deep forest, however, stairs lead to various beaches along the ocean. Steep stairs descend through thick forest to finally open up at these unexpectedly beautiful beaches.



Grouse Grind

6400 Nancy Greene Way, N Vancouver
www.grousemountain.com

"Everybody knows, you ain't a Vancouverite unless you've done the world famous Grind."

"It is definitely a challenge, but the reward of getting to the top and feeling accomplished outweighs the pain and hatred for life that you'll have while ascending to the peak"

-Yelp reviews



Best weekend getaway



Whistler-Blackcomb

www.whistlerblackcomb.com

“This ski resort is amazing. If you live in BC or have any way of getting here, and you ski or snowboard, you must experience Whistler Blackcomb. The first time I skied at Whistler Blackcomb I was amazed by how incredibly large the mountain is. There is truly nothing like it in Canada, and Whistler is often argued to be the best resort in North America, if not the world.”

-Yelp review



Bowen Island

Outdoorsy activities, and art galleries, theater, concerts, landmarks, and Snug Cove shopping and dining.

Harrison Hot Springs

Small community in the Fraser Valley known for its hot springs.

Naramata

Farms, orchards, wineries and local artists' studios/galleries. Swim in Okanagan Lake or enjoy hiking/mountain biking trails.

Pemberton, BC

Jet boating, horseback riding, fishing, golf, hiking, mountain biking, mountain/ice climbing, paragliding, and skydiving.

Pender Island

Sub-Mediterranean climate with open farmland, rolling hills, lakes, coves and beaches.

Township of Langley

Museums and historic/heritage sites, farm-fresh produce, winery tours, Fraser Valley's biggest casino and year-round festivals.

Okanagan Valley

Ski in winter, swim in summer. Head to Kelowna for a wine festival or Penticton for the Peach Festival. Osoyoos' arid desert is home to rare plants and animals.

Sunshine Coast

BC's best-kept secret, stretching along 180km from Langdale to Lund with many coastal towns in between. Fish, sail, kayak/canoe, hike, bike. A wide range of B&Bs make it a nice weekend getaway.

Vancouver Island

Golfing, hiking, biking, kayaking, fishing, surfing, swimming and picnicking, bird and whale watching, as well as indoor activities like museums, heritage sites, live theatre, art galleries, and luxury spas.

Whistler-Blackcomb

200+ marked runs, 8,171 acres of terrain, 16 alpine bowls and 3 glaciers. Summer activities include hiking/ biking trails, the Whistler Mountain Bike Park, and sightseeing on the PEAK 2 PEAK Gondola.

Seattle

See the Space Needle, waterfront ferris wheel, Pioneer Square, Pike Place Market, Myrtle Edwards Park, Klondike Gold Rush Park, the original Starbucks, and the iconic Hat N' Boots in Oxbow Park.

Whidbey Island

Hike or fish the many beaches or stroll the many shopping venues. 2 hours drive south of Vancouver.

Must-attend events

Abbotsford International Airshow

Mid-August, 2014. The region's biggest celebration of flight, complete with hundreds of airplanes and dozens of air displays.

www.abbotsfordairshow.com

Canada Day at Canada Place

July 1, 2014. City's biggest celebration of the leading national holiday.

www.canadaday.canadaplace.ca

Celebration of Light

July 26, July 30 & August 2, 2014. Vancouver's biggest event, and the largest offshore fireworks competition in the world.

www.hondacelebrationoflight.com

Christmas at Canada Place

December 2014. Celebrate with various activities, entertainment, lights and décor.

www.christmas.canadaplace.ca

Seattle Seahawks game in Seattle

The crowd at CenturyLink Field is notoriously loud during home games for this Seattle-based NFC West division team.

www.seahawks.com

Langley's International Festival/Canada Day

June 30th & July 1st, 2014. Canada Day celebrations in Langley will have a multi-culti flavour this year, as organizers of the popular festival are responsible for it.

www.langleycanadaday.ca

Vancouver International Jazz Festival

June 20 - July 1, 2014

Performances in parks, community centres, concert halls, clubs, public plazas, and in various neighbourhood streets.

www.coastaljazz.ca

Vancouver International Boat Show

Boating experts from all over the world educate, inspire and entertain.

www.vancouverboatshow.ca

Vancouver PRIDE Parade

August 3rd, 2014 (36th Annual)

The Pride Parade is the largest parade in W Canada, and one of the largest in NA.

www.vancouverpride.ca



Abbotsford Airshow

www.abbotsfordairshow.com

“It's one of the world's major air shows. There's an energy to it. People who love planes are attached to this show. I know people who have been attending for years. The same people come back over and over and it has captured the imagination of the those who come.”

-Dan Stefanson

Executive Director, Tourism Abbotsford



West-coast experiences



- Morning ski, afternoon golf, evening sail
- Ski Cypress in the am, golf Point Grey in the pm
- Morning sail, afternoon ski, and evening bbq



Desolation Sound



*Hiking the Grouse Grind
(followed by beer and wings at the top)*



Vancouver's coffee shops



*Eagles at Brakendale near
Squamish during the winter*



*Going to Granville Island
market for local produce,
cheese and breads (yummy)*



West Coast Trail



Spring skiing



*Cycling the Boundary Bay
Dyke Trail*



The West Coast Express



A weekend at Tofino

Hidden gems

Ambleside Park

As West Vancouver's gateway park, Ambleside is fully accessible and has spectacular views of Stanley Park and downtown.

Clayburn Village Store & Tea Shop

34810 Clayburn Rd, Abbotsford

Crescent Beach

12160 Beecher St, Surrey BC

The best beach access is at the end of Beecher, Sullivan and Target Streets.

Blackie Spit Park offers its own beach access, lots of parking and a trail system. This is where you'll find the Crescent Beach Pier, next to Wickson Rd.

Deep Cove

Deep Cove offers ocean sports, parks, trails and quick access to the mountains.

New restaurants in Gastown

This neighbourhood crackles with energy, with its dynamic streetscape, cutting edge boutiques and design stores, one-of-a-kind galleries, and award winning dining scene.

Hatzic Lake, Mission

An oxbow lake adjoining the Fraser River on the east side of Mission. The lake is very shallow and warm and is popular for swimming, water sports and water-skiing and a few commercial campgrounds.

Jericho Sailing Centre

1300 Discovery St

Modeled, not after a yacht club, or a sailing club but, after a community centre, offering a wide variety of low cost, naturally-powered ocean access programs.

Lynn Valley Canyon

Great for a family picnic, a hike, or a swim in one of the many popular swimming holes. Of note is its suspension bridge that sways 50 meters above the canyon.

White Rock Seawall

White Rock borders Semiahmoo Bay and is surrounded on three sides by South Surrey.

Steveston Village, Richmond

Historic salmon canning centre at the mouth of the South Arm of the Fraser River. Since 1945 it has hosted an annual Steveston Salmon Festival on July 1.

Sandy Cove Beach (shhhh!)

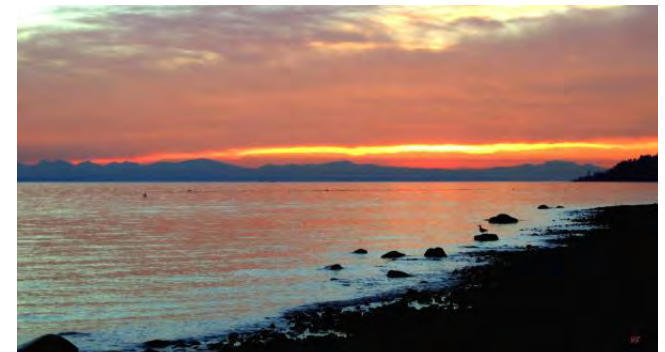
Small, waterfront enclave along West Van's shoreline. Bordered on both sides by steep rocks ensuring it is not only private but also very hard to find! To get there, drive west on Marine Drive past Dundarave Beach, until you see a small bridge and a street called Rose Crescent. Park your car, then go underneath the bridge, and follow the very short trail to Sandy Cove beach.



Sandy Cove Beach

“Sandy Cove is a quaint beach tucked away between two rock headlands. The sun shines for a long time and it's good for keeping an eye on young kids--they don't have far to run or crawl. No matter where they go, they're always in your sight. The beach is best at mid tide - so do check the tide tables before you go ”

-Online review



Vancouver facts

It's actually a very small town...

*You can ski and golf
on the same day*

*There is a 6 degree
temperature difference
between Vancouver and
Whistler. This is usually
a good gauge to deter-
mine if it is raining or
snowing in Whistler.*

*More than 95 % of
BC businesses
have fewer than
50 employees*

*The Teahouse restaurant in
Stanley Park was built in 1938
as an officer's mess for the
coastal defenses.*

*Vancouver is the most
densely populated
Canadian municipality*

*It's actually not as wet as you
might hear -- helps keep people
from Ontario away.*



*Stanley Park is
10% bigger
than New York's
Central Park*

*Consistently rated one of
the most liveable cities
in the world to live*

*New Westminster was
the capital for British
Columbia*

*Coal Harbour was
named because
there was coal there
a one time.*

Sporting teams...

*Get ready to jump
on and off
the band wagon*



*The Lions **ROARED** in '64*

- 1. The Canadians are a very cheap and fun afternoon watching baseball.*
- 2. Whitecaps are great fun for the family.*
- 3. Lions are always in the hunt for the grey cup.*
- 4. The Canucks will rebuild.*

*Pick any team
other than the Canucks
to follow*

The fans are passionate



*We actually won a Stanley Cup!
(about 100 years ago, unfortunately)*

*Each team's fan base
is very finicky. It's a
love/hate relationship*

*Vancouverites can be
quite fickle with their teams...
especially the Canucks.*

*Good time to join the
Canucks bandwagon now we
are at the bottom once again!*

*The Memphis Grizzlies
used to be the
Vancouver Grizzlies.*





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